

Spokane LWR Ingathering Quilters, kit-makers, box-packers, materials buyers, drivers -

Fall 2024 Spokane LWR Ingathering will be Oct 18&19 at St. Luke Lutheran Church, 9706 N Division, Spokane.

Attachments:

1. Spokane Fall 2024 Loading Form. Print on Legal for largest print format. Reverse side has most kit instructions.
2. The attachment "LWR Distributions 2023.pdf" is where shipments went overseas in 2023 (fiscal year Oct 2022-Sept 2023)
3. LWR Faith in Action Summer 2024 and Summer 2024 Special Reports. You can find Faith in Action and other publications at LWR.org website. Move cursor to "Get Involved" and then to "Resource Library." Those can be read on line, or downloaded. Or even order hard copies for you church or quilting group. I did not attach them because each file is 8MB.

LWR is working on modifying the bar-code system. However, in the interim there is no longer a bar code system.

All boxes going on our Seattle containers need your church name and address (at least city) - there are a lot of First Lutherans or St Pauls' Lutheran Churches. Please write "Quilts" or "School" or "School Kits" or "Personal CK" etc on the boxes, so the warehouse personnel know which room to send the box to without having to open it first. Please list number of items in that box. I am guessing most of us already hand-write "quilts" and "5" as we pack five quilts. That is part of our process at my congregation to ensure we count correctly. Prior to bar codes being introduced, many of us created "address labels" for our church mailing label, including type and number of items. That is still an option.

You can recycle all your old, preprinted bar-code labels. The new system will not use them.

Rich's thoughts on buying Kit Supplies in 2024

Our QALC LWR Kit Making effort depends upon help from many of you who purchase items. This was excerpted from my church newsletter. Some comments may not apply to your community or nearby stores. If you have ideas, or suggestions for me, please let me know.

Personal Care Kit Supplies: My congregation purchases most Personal Care Kit Supplies online, in bulk. The combs, fingernail clippers and toothbrushes are uniform, tooth brushes individually wrapped. If in doubt, use larger combs (7+ inches with handle, 4+ inches without).

- **Combs** need to be long enough to control them in your hand. I order combs from Medline At Home; 144 of the 7" combs for \$82 including shipping (I order MDS137209).
- Ensure **toothbrushes** are soft, and will hold up for a month or more - I tested mine at home. I order SmartSmile Adult Toothbrushes (72 count, individually wrapped, 144 for \$71) from American Dental Accessories, Inc.
- I order 72 pack **nail clippers** from Amazon (diane brand)
- **Bath towels** need to be minimum of 20"x40" (hotel size) up to 27"x 52". They should be dark colored - hard to clean white towels in a refugee camp without washing machines. They do not need to be thick and plush - need to air dry in hot, humid climates. Target's bath towels (dark gray) have ranged from \$2.40 to \$3.00.
- **Four ounce bars of soap** are best, since each kit must have 8-9 oz of soap. We send two 4oz bars. 3 or 3.5 oz bars are fine - you just must pack three bars We prefer Ivory. Yes prices have increased a lot. I am paying 75 cents per 4oz bar.

School Kit Supplies: many items are fine regardless of where they are purchased. Two items that now have "better versions" are:

1. 30 cm/12 inch **rulers** with metric markings. We prefer the metal rulers because they do not break, and draw the best straight lines. They are usually \$1 on sale at Fred Meyer, and have rounded corners, unlike some online ones that are almost sharp enough to cut if you get hit by one. Please do not buy wood or plastic rulers any more - wood breaks; some do not have strong metal edge for drawing lines. Some plastic ones are too dark colored to see the tick marks.
2. **Pencil sharpeners** - A somewhat recent innovation on large sharpeners is two sharpening holes - one for pencils, one for crayons. The other good feature is a shavings collection box that stays tightly connected. Cheaply made ones come apart in your pocket or school bag. If you use Amazon, the description is "8 Pack Double Holes Pencil sharpener Manual Pencil Sharpeners with Lid for Kids". Four colors.

Purchasing batting for quilts:

The question often comes up, where do you buy your batting? Because of shipping cost, Queen Anne Lutheran has been getting batting from PerfectFit out of Portland. If you carefully read their website they have a 60" wide batting. It comes in 2 weights. QA uses the lighter weight. It is cheaper if you buy 6 rolls. Shipping is like \$15.00. Sometimes you can go in with another church to buy the 6 rolls for the cheaper price. To get the cheaper price (not the full price listed on line) you need to call and tell them that you are a church making quilts as a mission project. The online price is almost double.

Reminders from LWR Baltimore

1. Please do not send bulk soap. Baby Care Kits & Personal Care Kits still need 8-9 oz of soap - i.e. either three 3oz bars or two 4 oz bar
2. No more fleece blankets - they are not biodegradable.
3. Please ensure your boxes can support the weight inside, and please limit school kits to eight in a box - which is 30 pounds. When we are stacking boxes 9.5 feet high, heavy boxes are more difficult for the average 6 foot

male. My church uses apple boxes - each holds eight school kits. The apple box lids do not need taping if the top fits tight over the bottom half of the box.

HANDY LWR VIDEOS FOR ASSEMBLING KITS:

www.lwr.org/kitvideos is a link from LWR that takes you directly to the Melanie Gibbons videos on kit assembly. The videos are quite useful, because we all need to ensure that those who help with assembling quilts twice a year are using similar good practices. If possible, have someone show these videos at your church as an aid to assembling kits. They are great for viewing right before you assemble the kits. Last fall, before my Men's Group assembled Personal Care Kits, one person said "I had forgotten some of the details from 6 months ago."

You can also just input "LWR Personal Care Kit video," "LWR School Kit video," "LWR Baby Care Kit video" or "LWR Fabric Kit video" in Google search bar. If you pack school kits, please refer to Melanie Gibbons wonderful YouTube video - "LWR School Kits: Tips & Tricks". There are also videos for other kits on YouTube. I play them once a year before we pack kits, just as a refresher.

LWR Worldwide Shipments past seven years:

| Year | Quilts | Soap (lbs.) | School Kits | Personal Care Kits | Sewing/ Fabric Kits | Baby Care Kits |
|------|---------|-------------|-------------|--------------------|---------------------|----------------|
| 2017 | 305,490 | 27,770 | 214,490 | 153,560 | 12,710 | 51,800 |
| 2018 | 323,610 | 0 | 216,430 | 119,865 | 11,890 | 64,445 |
| 2019 | 333,405 | 0 | 210,745 | 137,760 | 16,646 | 51,945 |
| 2020 | 264,585 | 0 | 174,055 | 71,900 | 12,300 | 52,860 |
| 2021 | 122,400 | 0 | 103,880 | 60,030 | 915 | 38,850 |
| 2022 | 221,967 | 0 | 90,860 | 94,060 | 8,815 | 46,560 |
| 2023 | 194,983 | 0 | 190,043 | 123,920 | 7,264 | 35,490 |

The LWR Fiscal year is Oct 1- Sept 30. Soap is no longer given separately; it is available in most areas. Please pass on the above to your groups and friends, even if you will not participate this fall. If you want to get off of these emails, please let me know. And if you need to add someone, please let me know.

Sincerely,

Karen & Ron Ovnicek

Spokane Freight Reimbursement; Quilt and Shipping Fund

Mail checks to:

LWR Quilt and Kits Shipping Fund
PO Box 17061, Baltimore MD 21298

Make check payable to:
Lutheran World Relief

Mark on check:
Quilt and Kits Shipping Fund

| | | |
|------------------------------|-------------------|-----------------------|
| Congregation/Parish | Barcode ID Number | Amount of Check |
| Congregation Mailing Address | | Email (print legibly) |
| Contact Person | | |

Spokane Ingathering:

Friday, Oct 18, 2024
9 a.m. to 3 p.m.
Saturday Oct 19, 2024
9 a.m. to noon

**Location: St. Luke
Lutheran Church, 9706
N Division, Spokane, WA**

*Include the
name and
address of your
congregation on
each box & label
contents!*

Spokane questions:

Karen/Ron Ovnicsek:
(509) 993-7672 cell
karenovnicsek@msn.com

From I-90, take Division St. Exit #281 north through Spokane to St. Luke Lutheran Church, 9706 N Division, Spokane, WA (Note: Division will become Ruby St. & return to Division.

From North on HWY 2, at 9700 N. block, turn right on Westview (before the Y), go 2 blocks to Division. Turn right & church is on right

Lutheran World Relief Ingathering Spokane Fall 2024 Loading Form

| |
|-------------------------------|
| Congregation: |
| Address, City and Zip Code: |
| Contact Person: |
| Phone Number: |
| Email Address (Print Legibly) |

Ensure boxes are less than 40 pounds (30 for school kits)

| | Number of Quilts/ Kits | Weight in lbs. |
|---|---------------------------|----------------|
| Mission Quilts (60"x80") | | |
| School Kits - Limit 30 pounds; use sturdy boxes | | |
| Personal Care Kits | | |
| Fabric Kits | | |
| Baby Care Kits | | |
| Total weight (lbs) | | |
| Shipping Cost - ALL the Way! | x \$.75 | \$ |
| Total Check sent to Quilt & Kits | Shipping Fund. | \$ |

To ship just to LWR Warehouse multiply x \$.21. To ship it from LWR Warehouse to those in need multiply x \$.54. To ship it from Washington ALL the way to those in need multiply it by \$.75.

How to Pack & Send - *(Checks are mailed to Baltimore using form on reverse!)*

Packing your Quilts and Kits:

- Pack completed Quilts and Kits, like items together, in boxes. Label contents - *type, number, weight, congregation, city* - in LARGE, BLOCK LETTERS on the outside top of the boxes.
- Apple boxes, banana boxes (if you cover the "hole"). Secure with tape so items don't fall out or get damaged.
- Ensure box tops are flat for stacking, not concave up (or down).
- Use strong cartons secured with packing tape, not to exceed 40 pounds - 30 pound limit for school kits.
- Do not use plastic or paper bags to pack donations.

Quilts and Kits Contents:

LWR Quilts should measure approximately 60" X 80". Full-size Quilts best serve adult recipients and children as they grow older. Please donate only full-size Quilts.

Include the following items in each **School Kit**:

- Four 70-sheet notebooks of wide- or college-ruled paper approximately 8" X 10½"; no loose-leaf paper
- One 30-centimeter ruler, or ruler with centimeters on one side, inches on other
- One pencil sharpener, two holes best
- One blunt scissors (safety scissors with embedded steel blades work well)
- Five unsharpened #2 pencils with erasers; secure together with a rubber band
- Five black or blue ballpoint pens (no gel ink); secure together with a rubber band
- One box of 16 or 24 crayons
- One 2½" eraser
- One sturdy drawstring backpack-style cloth bag approximately 14" X 17" with shoulder straps (no standard backpacks)

Do not add other items or leave out any of the items listed. All items should be new and in good condition. Remove any excess packaging, pack all items in bag and close. Do not enclose the Kit or any of its contents in plastic bags. Use heavy enough cardboard boxes to support the 150 pounds of boxes stacked above your box.

Include the following items in each **Personal Care Kit**:

- One light-weight bath-size towel (maximum 52" X 27"), dark color recommended
- 2 or 3 bath-size bars soap, any brand, in original wrapping (8-9 oz total)
- One adult-size toothbrush in its original packaging or in separate sealed envelope
- One sturdy comb, remove packaging
- One metal nail clippers (attached file optional), remove packaging

Fold towel in half; place items in towel; fold and roll towel so nothing falls out. Tie with yarn or string or large rubber band.

Include the following items in each **Baby Care Kit**:

- Two lightweight cotton t-shirts (no Onesies)
- Two long- or short-sleeved gowns or sleepers (without feet)
- Two receiving blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, up to 52" square; **No Fleece**
- Four cloth diapers, flat fold preferred
- One jacket, sweater or sweatshirt with a hood, *or include a baby cap*
- Two pairs of socks
- One hand towel, dark color recommended
- 2 or 3 bath-size bars gentle soap, in original wrapping, 8-9oz total
- Two diaper pins or large safety pins

Do not add other items or leave out any of the items listed. Gently used, clean items (no stains or tears) can be substituted for new ones. Wrap Baby Care Kit items in one of the receiving blankets and secure with diaper pins. Do not enclose the Kit or any of its contents in plastic bags.



LUTHERAN
WORLD RELIEF



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instagram.com/LuthWorldRelief



youtube.com/LutheranWorldRelief

WHERE DID LWR QUILTS & KITS GO IN 2023?



551,700

QUILTS & KITS

IN 14 COUNTRIES



194,983
QUILTS



190,043
SCHOOL KITS



123,920
PERSONAL CARE KITS



35,490
BABY CARE KITS



7,264
FABRIC KITS

| COUNTRY | SHIPPING WAREHOUSE | QUILTS | SCHOOL KITS | PERSONAL CARE KITS | BABY CARE KITS | FABRIC KITS |
|----------------------------------|--------------------|----------------|----------------|--------------------|----------------|--------------|
| ANGOLA | Minnesota | 24,140 | 7,250 | 18,600 | 4,830 | 3,600 |
| DEMOCRATIC REPUBLIC OF THE CONGO | Maryland | 12,375 | 13,650 | 11,670 | | |
| DOMINICAN REPUBLIC | Minnesota | | 15,225 | 32,550 | 14,700 | |
| ECUADOR | Maryland | | 13,650 | | | |
| GEORGIA | Minnesota | 38,080 | | | | |
| GUATEMALA | Minnesota | 9,520 | 27,840 | | | |
| HONDURAS | Maryland | | 12,480 | | | |
| LIBERIA | Maryland | | 27,300 | | | |
| | Minnesota | | 13,282 | | | |
| MALI | Minnesota | 45,798 | 14,500 | 9,300 | 4,200 | 1,800 |
| SRI LANKA | Minnesota | | 14,326 | | | |
| TANZANIA | Maryland | 26,400 | 1,300 | 6,000 | 1,800 | 1,684 |
| | Minnesota | 2,040 | 9,860 | 6,200 | 4,200 | 180 |
| THE GAMBIA | Minnesota | | 13,920 | | | |
| TÜRKIYE | Maryland | 11,880 | | 14,400 | 5,760 | |
| UKRAINE | Maryland | 24,750 | 5,460 | 25,200 | | |
| TOTAL | | 194,983 | 190,043 | 123,920 | 35,490 | 7,264 |

This shipping information is from LWR's 2023 fiscal year (Oct 2022 - Sept 2023).