Seattle questions:
Rich Mathes
206-384-1183 (cell)
Candy: 206-919-7330
lwrmathes@aol.com

Drivers - If you know you will arrive late, please call Rich’s cell 206-384-1183.

To ship just to LWR Warehouse multiply x $.21. To ship it from LWR Warehouse to those in need multiply x $.54. To ship it from Washington ALL the way to those in need multiply it by $.75.

Ensure boxes are less than 40 pounds (30 for school kits)

<table>
<thead>
<tr>
<th>Mission Quilts (60”x80”)</th>
<th>School Kits - Limit 30 pounds; use sturdy boxes</th>
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<tbody>
<tr>
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<td>Personal Care Kits</td>
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<td>Fabric Kits</td>
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<tr>
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<td>Baby Care Kits</td>
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<table>
<thead>
<tr>
<th>Number of Quilts/Kits</th>
<th>Weight in lbs.</th>
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<th>Total weight (lbs)</th>
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<tr>
<th>Shipping Cost - ALL the Way!</th>
<th>x</th>
<th>$.75</th>
<th>$</th>
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</table>

Total Check sent to Quilt & Kits Shipping Fund. $
How to Pack & Send - *(Checks are mailed to Baltimore using form on reverse!)*

Packing your Quilts and Kits:

- Pack completed Quilts and Kits, like items together, in boxes. Label contents - *type, number, weight, congregation, city* - in LARGE, BLOCK LETTERS on the outside top of the boxes.
- Apple boxes, banana boxes (if you cover the “hole”), Secure with tape so items don’t fall out.
- Do not overfill boxes - tops need to be flat for stacking.
- Use strong cartons secured with packing tape, not to exceed 40 pounds - 30 pound limit for school kits.
- Do not use plastic or paper bags to pack donations.

Quilts and Kits Contents:

**LWR Quilts** should measure approximately 60” X 80”. **Full-size Quilts** best serve adult recipients and children as they grow older. Please donate only full-size Quilts.

Include the following items in each School Kit:

- Four 70-sheet notebooks of wide- or college-ruled paper approximately 8” X 10½”; no loose-leaf paper
- One 30-centimeter ruler, or ruler with centimeters on one side, inches on other
- One pencil sharpener, two holes best
- One blunt scissors (safety scissors with embedded steel blades work well)
- Five unsharpened #2 pencils with erasers; secure together with a rubber band
- Five black or blue ballpoint pens (no gel ink); secure together with a rubber band
- One box of 16 or 24 crayons
- One 2½” eraser
- One sturdy drawstring backpack-style cloth bag approximately 14” X 17” with shoulder straps (no standard backpacks)

Do not add other items or leave out any of the items listed. All items should be new and in good condition. Remove any excess packaging, pack all items in bag and close. Do not enclose the Kit or any of its contents in plastic bags. Use heavy enough cardboard boxes to support the 150 pounds of boxes stacked above your box.

Include the following items in each Personal Care Kit:

- One light-weight bath-size towel (maximum 52” X 27”), dark color recommended
- 2 or 3 bath-size bars soap, any brand, in original wrapping (8-9 oz total)
- One adult-size toothbrush in its original packaging or in separate sealed envelope
- One sturdy comb, remove packaging
- One metal nail clippers (attached file optional), remove packaging

Fold towel in half; place items in towel; fold and roll towel so nothing falls out; tie with yarn, string or large rubber band.

Include the following items in each Baby Care Kit:

- Two lightweight cotton t-shirts (no Onesies)
- Two long- or short-sleeved gowns or sleepers (without feet)
- Two receiving blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, up to 52” square; **No Fleece**
- Four cloth diapers, flat fold preferred
- One jacket, sweater or sweatshirt with a hood, *or include a baby cap*
- Two pairs of socks
- One hand towel, dark color recommended
- 2 or 3 bath-size bars gentle soap, in original wrapping, 8-9 oz total
- Two diaper pins or large safety pins

Do not add other items or leave out any of the items listed. Gently used, clean items (no stains or tears) can be substituted for new ones. Wrap Baby Care Kit items in one of the receiving blankets and secure with diaper pins. Do not enclose the Kit or any of its contents in plastic bags.